

## Newborn Screen (NBS) Collection Skills Checklist

Employee: \_\_\_\_\_

Preceptor: \_\_\_\_\_

Unit: \_\_\_\_\_

**Rating Scale:**

1. Requires assistance &/or practice
2. Competent & can perform independently
3. Competent, performs independently & is able to teach or assess competence of others

**Method of Validation:** *DO* – direct observation; *V* – Verbal; *S* – Simulation; *O* – Other (please specify)

Name of Skill	Check 1		Check 2		Check 3	
	Date & Prec Initials	Rating Scale & Method of Valid	Date & Prec Initials	Rating Scale & Method of Valid	Date & Prec Initials	Rating Scale & Method of Valid
<b>Specimen Collection:</b> 24 hours + 1 minute or immediately prior to discharge; whichever came first.						
<b>If patient refused blood test:</b> Refusal Form completed, faxed to OSDH, & placed into chart.						
Checked <b>expiration date</b> on state NBS filter paper.						
<b>NBS Demographics:</b> Confirmed mothers contact information & baby's planned PCP. Filled out all required elements on filter paper form.						
Avoided touching the specimen collection area.						
Placed heel warmer on the newborn's heel for 3-5 minutes.						
Performed hand hygiene and donned clean gloves.						
Verified correct patient using two identifiers.						
Placed baby skin to skin and/or facilitated breastfeeding during procedure.						
Cleaned heel with alcohol. Allowed heel to dry <u>completely</u> after preparing and before lancing. Positioned the newborn's leg below heart level to increase venous pressure.						
Performed puncture on outer aspect of infant's heel. Wiped away the first drop of blood.						
Applied a single large drop of blood to the center of each circle on the form. Avoided touching the newborn's heel to the filter paper.						
Observed the saturation of each printed circle to ensure the blood soaked through the paper.						
Did not oversaturate or under saturate the circles. <b>Avoided layering</b> or applying many small drops of blood per circle. If necessary, repeated the heel stick procedure at a different location on the heel.						
Provided comfort to the newborn after the procedure. Encouraged skin-to-skin contact to soothe the newborn. Discarded supplies, removed gloves, and performed hand hygiene.						
Placed the specimen horizontal on a drying rack for 3-4 hours. Did not touch the specimen collection area on the filter paper. Did not expose the form to heat or sunlight.						
<b>Did not</b> compress filter paper, close the flap while drying, or stack forms.						
Documented all required info into Collection Log. Ensured all fields completed in Log and on filter paper. Placed yellow NBS slip into chart.						
Provided NBS education, brochure, & filter paper blue slip to parents.						
Had specimen double-checked for satisfactory collection & documentation. If in question, collected a new specimen on a new filter paper card.						
<b>Specimens packaged for mailing as soon as dry, within 3-4 hours.</b> Sent off with courier timely & promptly. Did not batch specimens.						
<b>Special Circumstances:</b> <b>Twins</b> recorded as baby "A" or "B"; <b>Adoption:</b> checked "adoption box" & entered attorney's full contact info; if <b>DHS</b> , entered case workers full contact info.						



**\*\*Complete Skills Checklist for new employees and as needed for re-education and instruction\*\***