

Newborn Screening Bloodspot Collection Technique, Timing and Transportation

FREQUENTLY ASKED QUESTIONS

LET'S BEGIN

Talk with mom/dad.
Offer education about
benefits of Newborn
Screening; include
brochure.

START

TOOLS OF THE TRADE

- ✓ Collection kit
- ✓ Lancet
- ✓ Gloves
- ✓ Heel Warmer
- ✓ Alcohol wipe
- ✓ Band-Aid

Good blood flow is key

COLLECTION TIME

Complete Card
Warm Heel
Prep Skin
Poke heel
Wipe away 1st drop
Begin collection
1 drop per spot
Fill all 5 spots

**NEW
SERVICE**

SHIPPING & HANDLING

- Go to FedEx.com (or)
- Call 1-800-GoFedEx
- Request a pickup
- Complete packing slip
- Remove yellow copy of the card
- Insert into envelope
- Seal envelope
- Hand off to driver

KEY POINTS

IT'S FREE

IT'S FAST

IT'S SECURE

IT'S RELIABLE

FREE courier service available

TIMING IS EVERYTHING

1st screen between
24-48 hours
2nd screen between 5-10
days of age
Can screen up to 1 yr. of age

COMFORT MEASURES

Swaddle baby
Breastfeeding or sucking
is best

DEMOGRAPHICS

Complete ALL information

- Feeding source
- Date/Time of collection
- Age of Baby
- AHCCCS Number (or)
- Copy of Insurance Card
- Mom's name & Address

DRYING

Flap open
Horizontal position
On drying rack
3-4 hours is best
After dry, close the flap

IS IT IMPORTANT?

- ✓ Timeliness is critical
to minimize
treatment delays
- ✓ Sample is susceptible
to heat and humidity
when mailed

HOW TO GET STARTED

- ✓ Contact NBS Education
- ✓ Verify your address
- ✓ Assign point of contact
- ✓ Follow instructions for
account access
- ✓ Receive supplies from
FedEx (envelopes)
- ✓ Begin Service



Sondi Aponte
nbseducation@azdhs.gov
(or)
602-364-1642

www.aznewborn.com



ARIZONA DEPARTMENT
OF HEALTH SERVICES

GET STARTED TODAY