## Diagnosis and Short-Term Follow-up of Cases found by TREC Newborn Screening

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# Severe Combined Immunodeficiency, SCID

- Absent T cells; no specific antibody production by B cells.
- Recurrent infections and weight loss from age 2-4 months.
- Serious bacterial, viral, & fungal infections; opportunistic pathogens that do not cause disease in healthy infants.
- Early death unless a working immune system can be established (by allogeneic transplant of hematopoietic stem cells, HSC, or in some cases enzyme replacement or gene therapy).
- Improved outcome with diagnosis at birth (≥92%) or prior to infectious complications (≤75%).

# Primary Target: SCID; Many Genes, Distinct T, B, NK profiles

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T-	B-	NK-
T- B+/- T- B+	B+/- NK+ B+/- NK+	NK+ NK+
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### **TRECs: Biomarker for Thymic T Cell Production**

#### **Thymus produces T cells with a diverse repertoire**

- Antigen specificity arises by DNA recombination of T cell receptor genes.
- •Excised DNA segments form <u>T Cell Receptor Excision Circles</u> (TRECs) as a byproduct.
- •TRECs are stable and are detected by PCR.
- •Newborns have the most TRECs; TRECs are diluted as T cells undergo many divisions in the periphery.





### **Classification of infants with low T cells**

Category	Definition of Condition <sup>a</sup>
Typical SCID	<300 autologous T cells/µL, <10% of normal proliferation to PHA, <sup>b</sup> frequently with maternal T cell engraftment and defect(s) in a known SCID gene
Leaky SCID	300-1,499 autologous T cells/µL, reduced proliferation to PHA, no maternal engraftment, generally with incomplete defect(s) in a known SCID gene
Omenn syndrome	Similar to leaky SCID, but also with oligoclonal T cells, erythroderma, hepatosplenomegaly, eosinophilia, and elevated serum IgE
Syndrome with low T cells	Recognized genetic syndrome that includes low T cells within its spectrum of clinical findings
Secondary low T cells	Congenital malformation or disease process without intrinsic immunodeficiency that results in low circulating T cells
Preterm birth alone	Preterm infants with low T cells early in life that become normal over time
Idiopathic T cell Iymphopenia	Persistently low T cells (300-1,499 /µL), functional T and/or B cell impairment, no defect in a typical SCID gene; etiology and clinical course undetermined <sup>c</sup>

<sup>a</sup>Definitions of R4S and Primary Immunodeficiency Treatment Consortium (PIDTC). <sup>b</sup>PHA, phytohemagglutinin.

<sup>c</sup>When/if etiology for low T cells discovered, the individual is moved to the appropriate category.

# Severe Combined Immunodeficiency, SCID

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## **SCID with Newborn Screening**

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- Recurrent infections and weight loss from age 2-4 months.
- Serious bacterial, viral, & fungal infections; opportunistic pathogens that do not cause disease in healthy infants.
- Early death unless a working immune system can be established.
- Incidence 1/55,000 births in CA, similar in 11 programs (Kwan et al, JAMA 2014).
- Typical SCID: <300/uL autologous T cells, <10% of normal PHA proliferation; no specific antibodies.
- Leaky SCID: 300-1500 T cells, functional impairment, no maternal engraftment.

### 4 Years of California SCID Newborn Screening (8/2010-8/2014)



# Genotypes of Typical and Leaky SCID

#### **Reports from Transplant** Centers, no Screening

Duke University, European centers (estimates)

California, with **TREC Screening** 

4 years, ~2 million infants





**Overall Survival 95%** 

# California Treatment/Outcome for SCID/Leaky/OS

- <u>Treatment</u> 24 HCT 3 PEG-ADA
- 4 gene therapy (ADA, IL2RG)
- 1 left USA
- 2 awaiting treatment

- <u>Survival</u> 94% 1 died of CMV 1 died of busulfan
  - toxicity

#### Non-SCID Conditions Detected (Secondary Targets of TREC Screening)

**Multisystem syndromes with variable T cell deficiency** 

- 57% DiGeorge/chromosome 22q11.2 deletion
- 15% Trisomy 21
  - 3% Ataxia telangiectasia
  - 2% CHARGE syndrome
    - Many others...
      - Trisomy 18, Jacobsen, CLOVES, Fryns, Nijmegen breakage syndrome

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#### **Secondary T lymphopenia**

25% Congenital cardiac anomalies
38% Other (multiple) congenital anomalies
13% Vascular leakage, third spacing, hydrops
3% Neonatal leukemia

**Extreme preterm birth**—T cells become normal over time

#### Preterm Low Birthweight Infants with Low TRECs and T Lymphopenia



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#### **Secondary T lymphopenia**

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Extreme preterm birth—T cells become normal over time

"Variant SCID" or Idiopathic T lymphopenia—few naïve T cells, no maternal engraftment, impaired T cell or antibody responses, no known gene defect

### Variant SCID or Idiopathic T Lymphopenia

- Persistent low but not absent T cells and TRECs, low naïve CD45RA T cells, no maternal engraftment.
- No known SCID gene mutation.
- Impaired T cell and/or antibody responses.
- When an etiology is found, case is moved to the appropriate category.

### Conclusions

- SCID, the primary target of TREC NBS, is a treatable serious, genetic immune deficiency affecting around 1/50,000 births.
- 2. NBS permits optimal treatment and best outcomes.
- 3. Non-SCID secondary targets of NBS may benefit from early identification
- 4. Tracking incidence, pursuing gene diagnosis and learning outcomes of TREC screen positive cases will be informative for public health programs and immunologists.

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